CHORD & SCALE WORKOUT

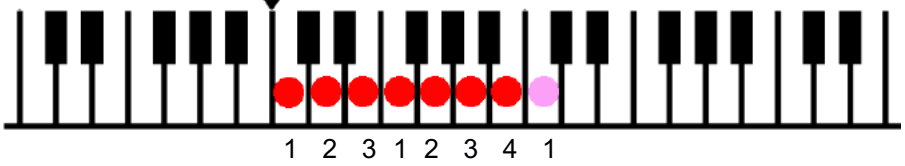
IN THE KEY OF C

THE KEY OF C MAJOR

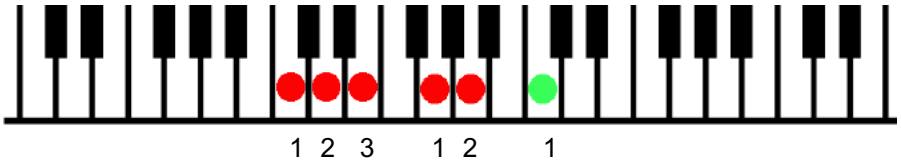
C1

SCALES

C major

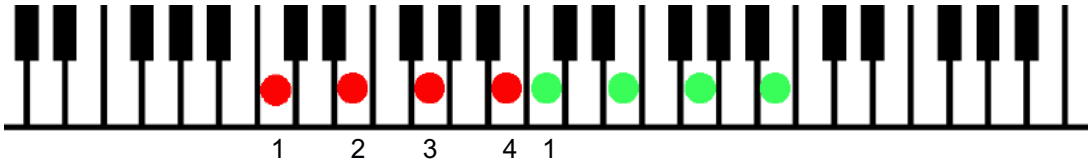


C Pentatonic

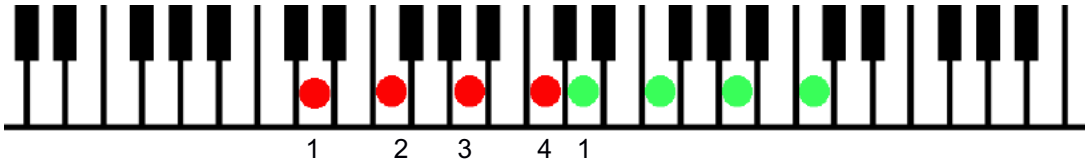


CHORD FAMILY FOR C MAJOR (Two Octaves)

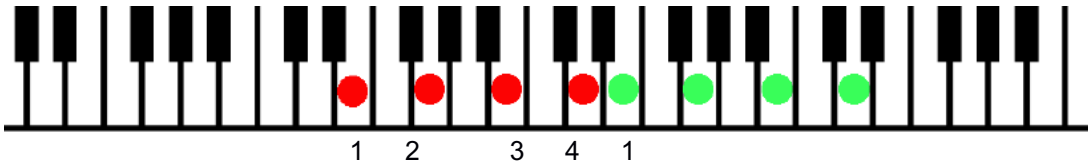
CM7 I



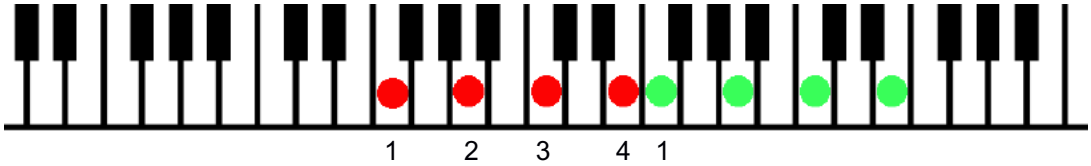
Dm7 II



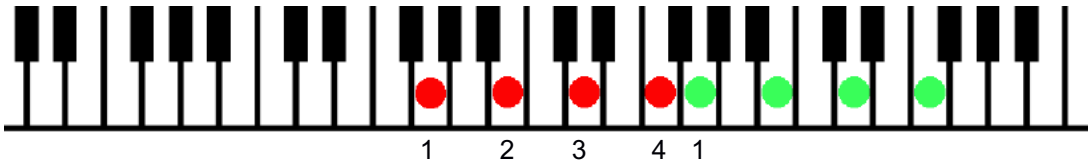
Em7 III



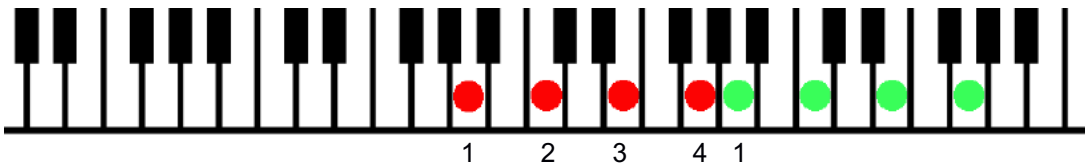
FM7 IV



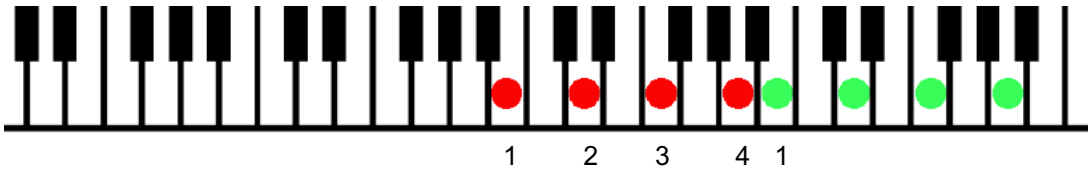
G7 V



Am7 VI



$B^{o}7$ VII



C MAJOR BASIC TRIAD WORKOUT - 1

C

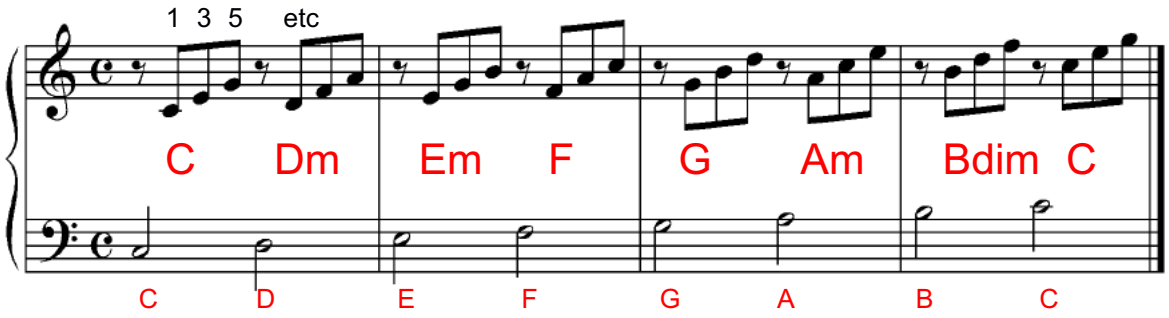
'TRIADS' are the basic three note chords that you learned in books 1 to 3.

Each key has a 'FAMILY' of chords.
In C they are- C - Dm - Em - F - G - Am - Bdim

You can practice these as 'BROKEN CHORD' patterns (play one note at a time)
This helps you learn the chords and teaches you some interesting melodic patterns

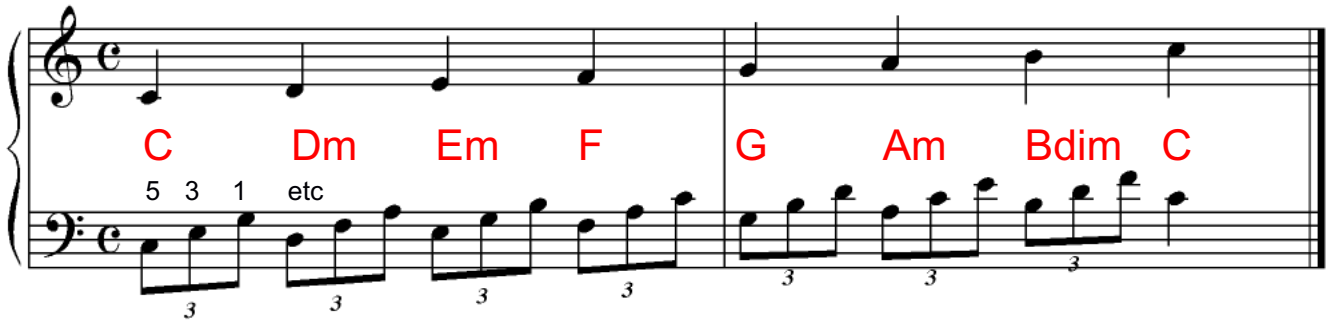
Practice the patterns in both hands (or hands TOGETHER if you are brave enough)

RIGHT HAND workout



Then go back down again

LEFT HAND workout



No. of times practiced

☐ ☐